

Chicken Taco Salad

Are you bored with your normal salad routine? Are you ready to kick up the flavor a notch or two? Make this salad soon. It's loaded with protein and nutrition. It is also low in carbs and is very satisfying. Make the chicken up ahead of time and store in the fridge in ziplock bags for a quick dinner.



- 1 pound chicken breast – diced into ½” cubes
- Olive Oil
- 2 Tablespoons JUST TACO SEASONING

In a large skillet – add 2-3 Tablespoons Olive Oil. Heat skillet to medium heat. Add chicken and seasoning mix. Stir chicken and continue cooking over medium to medium high heat until chicken is done (5-6 minutes).

Build your salad with your favorites:

- 1 head of romaine lettuce – washed and torn into pieces
- Sliced cucumber
- Sliced Onions
- Sliced Green and/or Red Pepper
- Avocado Chunks
- Black Olives
- Cheddar, Colby, or Monterey Jack Cheese
- Sour Cream
- Tortilla Chips

Salsalita Dressing – mix ½ cup ranch dressing and ½ cup salsa together before serving. Pour a couple of Tablespoons over salad.

Yield 4 rather large plates of salad.