

Sweet N Savory Bacon Broccoli Salad



I'm always amazed when I take this salad to a gathering. Most men I know prefer meat over greens any day. But the guys often devour this dish. I think the cashews and bacon entrance the males; they try it, and then come back for more. Testosterone and bacon were meant to be together.

The salad:

- 2 heads broccoli florets, cut into small pieces
- 1 cup of raisins or Craisins
- 1 cup salted cashews (or sunflower seeds)
- ½ cup finely diced sweet onion (I omit this –I am anti raw onions and will tell you why later)
- 6-8 strips cooked crumbled bacon (the more bacon the better)

The dressing:

- 1 cup Hellman's mayo – sorry folks, there's no substitute for Hellman's
- ½ cup apple cider vinegar OR ½ cup lemon juice (I prefer vinegar, but use lemon juice for my brother-in-law Bob)
- ¼ cup sugar OR honey (3-4 Stevia packets for diabetics)

Pour dressing over salad fixin's right before serving. Rarely are there any leftovers with this dish, but it loses its crunch when stored overnight in the fridge.